

Packing List and Rules

Assateague State Park

September 2-4, 2023

PACKING LIST: Please assemble the following into a **waterproof** duffel bag **with a name tag/tape on it** . If you don't have a duffel bag, use **two** large lawn & leaf style garbage bags (one inside the other). Toss in a **couple of spare garbage bags** in case the first set gets torn.

- Sleeping bag (summer weight if possible)
- A light blanket and/or sheets (if the sleeping bag gets too hot)
- **Small pillow (put it in the waterproof bag!!!!)**
- A pair of long pants and long-sleeve shirt (can be cool at night, and there are mosquitoes and flies)
- A light jacket (in case it gets really cool or rains)
- Modest swim suit
- Shorts, T-shirts, underwear, socks
- Beach shoes or sandals (that can get sandy/wet)
- Personal hygiene kit (toothbrush, toothpaste, etc)
- Sunscreen (SPF 30 or greater—you will be in the sun for 1-1/2 days!!!!)
- Insect repellent (the biting flies love those tender ankles!!!!)
- Flashlight
- Towels (shower and beach)
- Refillable water bottle (with your name on it)
- Zip-Lock bags (to protect your phone, ipods, etc. from the sand)
- Bible and pen or pencil
- \$25 **free-will** offering to defray the costs of the camping gear, food, etc.
- \$10-\$20 for anything you might want to buy at our normal McDonald's stop on the way out and back, plus any small souvenirs you might want to buy at the State Park store.
- Camp chairs if you have some you don't mind getting wet/sandy

Place your sleeping gear and clothing inside garbage bags (even if you use a duffel bag) because it might rain. Put your name on all your gear! GO LIGHT!

DO NOT BRING:

- Air mattresses
- Electronics
- Alcohol! It is prohibited in this State Park.
- Tobacco, or marijuana products. (or vaping supplies)

DO BRING:

- A positive attitude and an understanding of the rules
- A desire to have fun and fellowship with other youth
- A teachable, and kind spirit
- A willingness to cooperate to get things done

Departure and Return:

- Meet at OSLC at 7 AM, Saturday, 2 September, 2023
- Return to OSLC at 1:00 PM, Sunday, 4 September, 2023

Rules:

- **No permission slip, no trip—no exceptions**
- **Youth *will not* drive themselves or a carload of friends to/from the event.** For safety and insurance purposes, adult chaperones will drive.
- We will enforce the “**buddy system:**”
 - No one goes anywhere alone!
 - Minimum buddy team is two (2) in camp and to/from the shower/toilet
 - Minimum buddy team on the beach is four (4)—no exceptions.
 - All youth will be assigned an adult chaperone—you must keep your chaperone informed as to your whereabouts and activities.
- **No swimming after dusk or before dawn.**
- **The park has a quiet time.** They enforce it, and we will too.
- **No alcohol or tobacco** products will be brought, or used
- **Don’t get sunburned.** If you fail to use sun block and get sunburned, a chaperone has the right to restrict your activities to shaded areas (e.g., under the dining tarp). **If you want max playtime, then don’t get sunburned.**
- **There is always a bit of clean up after a meal.** Duties will rotate. Be cheerful and responsive about it. If you get scarce when the work is to be done, the work doesn’t go away, it just gets drawn out and impacts free time for everyone.
Shoulder your share of the burden, as Christ shouldered the cross for you.